

Wednesday - Roatan

Breakfast		Rosie's Restaurant
6:00am Continental Breakfast	Rosie's Restaurant
8:00am-10:30am Breakfast on Deck	Rosie's Restaurant, fwd
8:00am-12:00pm Breakfast for late risers!	Washington Dining Room
8:00am-10:00am Open Seating	Washington Dining Room
Lunch-12:00pm-3:30pm		
Taste of the Nations Today's Feature: French	Rosie's Restaurant
.....	Rosie's Restaurant
Lido lunch & salad bar	Rosie's Restaurant
Seafood Fare	Fish & Chips Deck 10
Asian Corner	The Oriental
For your Pleasure & Convenience		
12:00pm - 6:00pm The Grill	Deck 9 aft
11:00am - 11:00pm The Deli	Rosie's Restaurant

Dinner "Elegant Casual" is the recommended attire for this evening's meal. Please, no shorts to be worn.
All three restaurants are smoke free environments.

Main Seating		
5:45pm Washington Dining Room	Lobby Deck 3, aft
6:15pm Lincoln Dining Room	Lobby Deck 3, fwd
Late Seating		
8:00pm Washington Dining Room	Lobby Deck 3, aft
8:30pm Lincoln Dining Room	Lobby Deck 3, fwd
Seaview Bistro		
6:00pm - 9:30pm	Rosie's Restaurant
Late Night Bistro		
11:30pm - 1:30am	Rosie's Restaurant
Togo Sushi Bar		
5:00pm - 8:30pm	Promenade Deck, midship
Available 24 hours		
Pizzeria	Deck 9 aft
Coffee/Tea/Ice Cream	Rosie's Restaurant

SCARLETT'S SUPPER CLUB, DECK 10 MIDSHIP

Combining contemporary design elements with the grandeur and elegance of a bygone era. Serving only the finest aged usda prime beef. Dine when, where and with whom you please while you enjoy our culinary masterpieces. Call 1078 Formal Attire Required.

The United States Public Health Service has determined that eating uncooked or partially cooked meat, poultry, fish, seafood or eggs may present a health risk to the consumer particularly those that may be more vulnerable.

TODAY'S DRINK SPECIAL

"Caribbean Breeze"

Only \$3.50 regular glass or \$6.75 with Souvenir Glass!

MARTINI OF THE DAY!

BLUE MOON \$3.50 JEANNE'S WINE BAR 5PM-8:15PM

Salsa, Sangria & Margarita's Party!

\$3.50 Margaritas on the Rocks

5:00pm - 6:00pm & 7:15pm - 8:15pm

Casino Bar Deck 5

Carnival Valor is Non-smoking except for...Casino, Casino Bar, Paris Hot, Lindy Hop, One Small Step Dance Club, Jeanne's Wine Bar, Sports bar Winston's Cigar Bar, Open decks on Starboard side only. Please remember that our jogging tracks are non-smoking Cigar smoking is not permitted anywhere except in the Winston's Cigar Bar or Outer Deck



Sail & Sign Card

Please keep your room key with you at all times. It is used to purchase shore excursions, drinks, photos, casino coins & chips, laundry service, tuxedo rentals, infirmary services and gift shop items. It can also be used to purchase goods and services at art auctions, formalities, Internet café, & Spa Carnival. Additionally, your Sail & Sign card is your "boarding pass" to exit and reboard the ship while in port. Again, please keep it with you at all times.

Purser's Information Desk

Feel free to visit us throughout your cruise for general information, questions or to report lost and found items. Open 24 hrs L o b b y , Deck 3 Fwd

Wake Up Calls

Want some help waking up? You can set a wake up call from your stateroom phone by dialing 37 and the military version of the time you would like to receive the call, for example, if you would like an 800am call, simply dial 37 then 0800. Or, for 800pm, dial 37 then 2000. To remove unwanted wake up calls, dial * then 37.

Infirmary Hours

In case of emergency - please dial #911. Over-the-counter items such as Tylenol and Band-Aids are available at the Purser's desk and from Room Service. Services are charged to you Sail & Sign card. Infirmary Open 8:00am - 8:00pm Deck 0, fwd
Doctor's Hours 8:15am-11:00am & 3:00pm-6:00pm Deck 0, fwd

Energy Consumption

Please turn off your lights when leaving your staterooms.

Room Service

24hr room service is complimentary. It is, however, customary to extend a gratuity upon service.

Phoning Home

We're now featuring even lower satellite calling rates. Calls to the U.S., Canada and the Caribbean are only \$6.99 per minute! International calls are only \$9.99 per minute. Call anywhere in the world directly from your stateroom. Consult your stateroom directory for dialing instructions.

Swimming Pools/Whirlpools

"No Lifeguard on duty, so swim at your own risk"
8:00am-8:00pm Main Pool/Whirlpools/Spa Carnival
8:00am - 10:00pm Aft. Pool
8:00am-12:00am (Adults Only) Whirlpool Lido Deck, Aft
Waterslide 12:00pm - 5:00pm Sports Deck, Fwd

Lido Deck Etiquette

Please, out of consideration for your fellow guests, follow our no seat saving policy. Thank You!

Beach Towels

Fresh beach towels will be placed in your stateroom the night before each port of call. Please use these towels while ashore and on the ship's open decks. Please return the towels to your Stateroom Steward when you are finished with them. A charge of \$22 will be billed to your Sail & Sign account for each towel not returned.

COSTA MAYA AND BELIZE SHOPPING TALK

9:45am Ivanhoe Theater

Join your Super Shopper for his fun and informative presentation on shopping on Belize & Costa Maya. Come collect your personal shopping maps! Find out where to shop & save ashore! Lots of prizes will be given away during this event! Each guest will receive a FREE diamond charm bracelet & a chance to win a DIAMOND NECKLACE courtesy of Diamonds International at this event!

(Recommended at least one person per stateroom attend!)

Desk hours: 7:00pm - 9:00pm

Promenade Deck 5, Fwd.

Be sure to stop by and pick up your VIP Coupons



POWER BALL BINGO!

Pre-Show Power Ball Bingo!

Tonight before the game, we will pull out one bingo ball, then put it back in the mix.

If you hit a bingo on that number, we will **TRIPLE** the prize from **\$700.00 to \$2100.00 CASH**

8:00pm Main Sitting.....Ivanhoe Theatre

10:00pm Late Sitting.....Ivanhoe Theatre

Carnival Cruise Lines Environmental Compliance Hotline For all concerns related to Carnival please contact 1-305-406-5863 (International); 1-888-290-5105 (North America); or 4ENV (From your ship phone) / Environmental Compliance web site www.carnival.com/compliance Carnival Cruise Lines is proud to be at the forefront of Safety and Environmental Protection. You will never see any crew member throw anything overboard, and to help to continue to protect YOUR oceans and seas, we ask guests to also refrain from doing so. You must never throw a lit cigarette overboard, or flick hot ash overboard as this could blow back into the ship and start a fire.



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